**HERITAGE LIFE SUPPORT INITIATIVE PROGRAMMATIC ACTIVITIES FOR THE MONTH** **OF JANUARY, 2022.**

PROJECT NAME: CAPACITY TRAINING, SENSITIZATION ON SCD, FGM, HIV/AIDS, MALARIA, TB.

SDG 3: GOOD HEALTH & WELLBEING  
**SECTION A**  
ACTIVITY OBJECTIVES:

1. To train and retrain volunteers and staff about what an NGO entails.
2. To designate roles and duties to specific positions.
3. To design work plans for the year.
4. To sensitize people about SCD, FGM, and related blood diseases.

DATE IMPLEMENTED: January 2022.  
ACTIVITIES:

1. Call for volunteers for training.
2. Introduction of board members to staff and volunteers.
3. Sensitization on FGM, SCD, HIV//AIDS, Malaria and TB.

LOCATION OF ACTIVITY: HELSI’s office.   
STRATEGY: Effective Communication Skills. Participatory Learners Approach.  
BENEFICIARIES: HELSI staff and volunteers, communities, CSOs, teachers, students, religious leaders, youth.   
**SECTION B**  
EXPECTED OUTCOMES OF ACTIVITIES:

1. To have trained social workers in the society willing to volunteer to better humanity.
2. To plan towards project activities and implementation for the year.
3. To have a broad perspective of a not-for profit organization as well as the vision, mission, and core values of HELSI.

LESSONS LEARNT:

1. The training and sensitization opened the respondents to a wise way to begin the year.
2. Each volunteer got clarity as to what an NGO entails.

CHALLENGES: Insufficient volunteers and IEC materials.  
RECOMMENDATIONS: Volunteering should be encouraged in the society by including it in our school curricula.

REPORT PREPARED BY: Jerry Oloke DATE & SIGNATURE

(Programme Officer) 

REPORT APPROVED BY: Bukola Ejiade DATE & SIGNATURE

(Executive Director) 

**HERITAGE LIFE SUPPORT INITIATIVE PROGRAMMATIC ACTIVITIES FOR THE MONTH** **OF FEBRUARY, 2022.**

PROJECT NAME: 2022 INTERNATIONAL DAY OF ZERO TOLERANCE FOR FEMALE GENITAL MUTILATION.

SDG 5: GENDER EQUALITY.  
**SECTION A**  
ACTIVITY OBJECTIVES:

1. To raise surveillance systems in schools and communities.
2. To raise awareness on FGM in communities and schools.
3. To establish advocacy on FGM eradication in community and schools.
4. Inauguration of Anti-FGM youth champions.

DATE IMPLEMENTED: February, 2022.  
ACTIVITIES:

1. Sensitization quiz.
2. Impromptu speeches.
3. Inauguration of Anti-FGM.

LOCATION OF ACTIVITIES:

1. Mafowuroshere community.
2. Jolayemi, Osogbo.
3. Osun state school for children with special needs (Primary school) Olorunda.

STRATEGIES:

1. To act as surveillance, monitors in communities and schools.
2. To act as Anti-FGM champions in schools.
3. Galvanizing supports amplifying voices against FGM.
4. Debunking misconceptions on FGM.

BENEFICIARIES: Teachers, Students, CSOs, Staff & Volunteers of HELSI

**SECTION B**  
EXPECTED OUTCOMES OF ACTIVITIES:

1. Communities and schools should be more sensitized on FGM.
2. Community leaders, women, children, youth, school children and teachers should act as champions in communities and schools.
3. To retain others about FGM in communities and schools in other to reduce prevalent rate in the state.
4. Report practicing communities and personnel to relevant authorities.
5. Information on legislation of FGM in Osun State.

LESSONS LEARNT:

1. Most of the participants in the community and schools are still ignorant of FGM.
2. The religious and cultural belief is still having negative effects on the full compliance of Anti-FGM in communities & schools.
3. Most women did not know the effects of FGM on them: that it has no health benefit.
4. Teachers, pupils and community members do not know about the legislation of FGM in Osun State.
5. The men are interested in supporting stakeholders in curbing FGM in Osun State.

CHALLENGES:

1. Most of the communities and schools in the remote part of the state have not heard of FGM.
2. The religious and cultural belief is still having negative effects on the full compliance of Anti-FGM in communities and schools.
3. Legislation of FGM law in Osun State.
4. Findings.

RECOMMENDATIONS:

1. The government and other relevant stakeholders still need to do a lot in engaging the communities, schools, traditional and religious leaders on Anti-FGM activities.
2. The media should create more awareness.
3. There should be focus on a strategy designed by the organization tagged “Catch Them Young” (CTY).
4. The organization should work more on their findings in order to achieve efficiency.

REPORT PREPARED BY: Jerry Oloke DATE & SIGNATURE

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**HERITAGE LIFE SUPPORT INITIATIVE PROGRAMMATIC ACTIVITIES FOR THE MONTH** **OF MARCH, 2022.**

**PROJECT NAME:** 2022 INTERNATIONAL WOMEN’S DAY (E- CELEBRATION).

SDG 3: GOOD HEALTH & WELLBEING  
  
**ACTIVITY OBJECTIVES:**

1. To celebrate women and their positive impacts in the society.
2. To encourage women to rise and take up relevant positions of authority.

**ACTIVITIES:**

1. Celebrating outstanding women of influence in the society.
2. Encouraging women to take up relevant position of authority in the society.

**LOCATION OF ACTIVITY:** Online

**STRATEGY:** Effective Communication Skills, Appraisal.

**BENEFICIARIES:** Online viewers.

**EXPECTED OUTCOMES OF ACTIVITIES:**

1. To create a society with women of high self-esteem.
2. To have women occupying dignified positions in the society.
3. To have women who are supporting their fellows in the society.

**LESSONS LEARNT:** The women were genuinely happy to be celebrated by a women-led team.

**CHALLENGES:** Insufficient funds to celebrate more women.

**RECOMMENDATIONS:** Women are to rally around and support others in different cadres and not devalue their works and contributions in the society.

REPORT PREPARED BY: Jerry Oloke DATE & SIGNATURE

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**HERITAGE LIFE SUPPORT INITIATIVE PROGRAMMATIC ACTIVITIES FOR THE MONTH** **OF APRIL, 2022.**

**PROJECT NAME**: 2022 INTERNATIONAL GOODS DEEDS DAY CELEBRATION.

SDG 3: GOOD HEALTH & WELLBEING

**ACTIVITY OBJECTIVES**:

1. To educate and sensitize the public about the need for personal and environmental hygiene.
2. To offer free medical screening on malaria, HIV and genotype.
3. To sensitize people about the need for exercise, good food, clean water, and enough rest.

**ACTIVITIES**: Sensitization and free medical checks.  
**LOCATION OF ACTIVITY**: The Lord's Orphanage home, Ede, Trade Fair.  
**STRATEGY**: Effective Communication Skills, Impromptu speeches, Catch Them Young.  
**BENEFICIARIES**: Orphans, Vulnerable, Children, Youth, Women and care givers (50), Trade Fair (100).  
**EXPECTED OUTCOMES OF ACTIVITIES:**

1. To enable people to imbibe the hand washing culture.
2. To create an environment with reduced spread of germs and diseases.
3. To enable people to know their health status.
4. To encourage people to go for health checks regularly.
5. To reduce the spread of malaria in the society.

**LESSONS LEARNT:**

1. Many of the respondents had health issues they were not aware of.
2. To prevent the spread of diseases, everyone has a part to play in our community.
3. Many of the respondents were getting to know the various types of genotype variations.

**CHALLENGES**: Insufficient funds and Insufficient IEC materials.  
**RECOMMENDATIONS:**

1. Health education must be taken seriously in our schools, homes and work place.
2. Free medical checks and outreaches should be frequently offered by the government and relevant stakeholders.
3. People should be sanctioned if found wanting of environmental pollution.

REPORT PREPARED BY: Jerry Oloke DATE & SIGNATURE

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**HERITAGE LIFE SUPPORT INITIATIVE PROGRAMMATIC ACTIVITIES FOR THE MONTH** **OF MAY, 2022.**

PROJECT NAME: VISUAL ARTS COMPETITION IN COMMEMORATION OF THE 2022 CHILDREN DAY CELEBRATION.

SDG 4: QUALITY EDUCATION.

**SECTION A**  
ACTIVITY OBJECTIVE:

1. To mark the Children Day celebration.
2. To gain insight into the visual and creative life of children.
3. To encourage and admonish students to pursue careers in Arts.

DATE IMPLEMENTED: May, 2022.

ACTIVITIES:

1. Organization of a visual art competition.
2. Sensitization on importance of education.

LOCATION OF ACTIVITY: Ataoja School of Science Osogbo.

STRATEGY: CTY and Artistic skills.

BENEFICIARIES: 50 students from public and private schools in Osogbo.

**SECTION B**  
EXPECTED OUTCOMES OF ACTIVITIES:

1. To determine how interested children are in co-curricular activities.
2. To intensify the importance and benefits of education.
3. To encourage children to pursue careers in Arts.

LESSONS LEARNT:

1. Some of the children got to know about opportunities in the visual arts world.
2. The children were surprised to see other with similar and profound astounding talents.

CHALLENGES: Insufficient financial and material resources to invite more schools and children to participate in the competition.

RECOMMENDATIONS:

1. Fine arts & creative arts should be embedded into both academic and co-curricular activities of school children.
2. The government and other relevant stakeholders should support similar projects like this.

REPORT PREPARED BY: Jerry Oloke DATE & SIGNATURE

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**HERITAGE LIFE SUPPORT INITIATIVE PROGRAMMATIC ACTIVITIES FOR THE MONTH** **OF JUNE, 2022.**

PROJECT NAME: SICKLE CELL AWARENESS CAMPAIGN TO TEENAGERS AND YOUTHS.

SDG 3: GOOD HEALTH & WELLBEING   
**SECTION A**  
ACTIVITY OBJECTIVE:

1. To create awareness on the SCD on the target audience (Teenagers).
2. To sensitize the teenagers and other participants present on the misconceptions of SCD.
3. To inform and counsel the teenagers on the genotype compatibility that will help in making informed decisions.
4. To inform religious leaders present on the need to organize health related activities in the church.

DATE IMPLEMENTED: June, 2022.

ACTIVITIES:

1. Sensitization.
2. Awareness creation.
3. Counselling.

LOCATION OF ACTIVITY: Christ Power Evangelical Crusade Intl. Zone 7, behind Moye oil, Capital, Osogbo, Osun state, Nigeria.  
STRATEGY: Effective communication skills, CTY, P.L.A

BENEFICIARIES: Teenagers, children, Youths (150).  
**SECTION B**  
EXPECTED OUTCOMES OF ACTIVITIES:

1. To boost the knowledge and understanding of the participants through the awareness creation and sensitization on SCD.
2. To prevent the prevalence of SCD in our communities.

LESSONS LEARNT:

1. Most of the participants know nothing about SCD and its mode of operation.
2. Most of the participants didn’t know their genotype.

CHALLENGES:

1. Religious barrier & strongholds
2. Insufficient and Inadequate Information Education and Communication Material (IEC).

RECOMMENDATIONS:

1. A wider reach of communication, awareness and orientation to the communities especially religious centres spread across the state through the use of the medical community intervention.
2. There is a need for training and retraining on SCD. The use of community interventions through community leaders, religious leaders, teachers and volunteers is highly recommended.
3. A need for more collaborations, partnerships and advocacy on SCD, to Stable ministries, Health ministries, Government agencies, Parastatals and other relevant stakeholders.
4. Inclusion of sex education at homes, schools and religious centres is highly recommended.

REPORT PREPARED BY: Jerry Oloke DATE & SIGNATURE

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**HERITAGE LIFE SUPPORT INITIATIVE PROGRAMMATIC ACTIVITIES FOR THE MONTH** **OF JULY, 2022.**

PROJECT NAME: SURVEY ON POST COVID-19 INFLUENCE ON EDUCATION.

SDG 3 & 4: GOOD HEALTH & WELLBEING AND QUALITY EDUCATION.  
**SECTION A**  
ACTIVITY OBJECTIVES:

1. To gather information about school children’s views on COVID-19.
2. To gather information about students’ response to education during COVID.

DATE IMPLEMENTED: July, 2022.  
ACTIVITY: Distribution of questionnaires.  
LOCATION OF ACTIVITY:   
STRATEGY: Survey: Questionnaire application.  
BENEFICIARIES: 100 school students.  
**SECTION B**  
EXPECTED OUTCOMES OF ACTIVITIES:

* + - 1. To determine students’ views on COVID-19.

1. To determine how students responded to education during COVID.
2. To determine ways to tackle such cases like COVID in the nearest future.

LESSONS LEARNT:

1. Many school students were affected negatively due to the limited movement during COVID.
2. A lot of students were unhappy because they had to suspend their education for the time being.
3. Few students thought the government would have provided electronic means for them to learn from home.

CHALLENGES:  
RECOMMENDATIONS: The government should have a feasible alternative for onsite education to prevent cases like COVID-19 from permanently halting education.

REPORT PREPARED BY: Jerry Oloke DATE & SIGNATURE

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**HERITAGE LIFE SUPPORT INITIATIVE PROGRAMMATIC ACTIVITIES FOR THE MONTH** **OF AUGUST, 2022.**

PROJECT NAME: CHARITY DONATION TO ABIYE ORPHANAGE HOME.

SDG 3: GOOD HEALTH & WELLBEING  
**SECTION A**  
ACTIVITY OBJECTIVE: To donate provision and relief materials.  
DATE IMPLEMENTED: August, 2022  
ACTIVITY: Donation of provision and relief materials to orphans, market men and women.  
LOCATION OF ACTIVITY: Abiye Orphanage Home, Ibikunle.   
STRATEGY:   
BENEFICIARIES: Caregivers, orphans (50), market men and women (10).   
**SECTION B**  
EXPECTED OUTCOMES OF ACTIVITIES: Relief for orphans and market men and women.  
LESSONS LEARNT: Giving to the less privileged is an important aspect of humanity.  
CHALLENGES: Insufficient funds to reach more people.  
RECOMMENDATIONS: People should consider it a privilege to give to humanity and do it often.

REPORT PREPARED BY: Jerry Oloke DATE & SIGNATURE

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**HERITAGE LIFE SUPPORT INITIATIVE PROGRAMMATIC ACTIVITIES FOR THE MONTH** **OF SEPTEMBER, 2022.**

PROJECT NAME: SICKLE CELL DISEASE SENSITIZATION MONTH

SDG 3: GOOD HEALTH & WELLBEING  
**SECTION A**  
ACTIVITY OBJECTIVES: To sensitize people about SCD awareness and how to prevent it. To also offer free blood screening to people.  
DATE IMPLEMENTED: September, 2022.  
ACTIVITIES: Sensitizing people about SCD. Offering a free genotype test.   
LOCATION OF ACTIVITY: Ayegbaju International Market, Osogbo.  
STRATEGY: Effective Communication Skills, Participatory Learners Approach.  
BENEFICIARIES: Youth, Children, PLWD, pregnant women. (100)  
**SECTION B**  
EXPECTED OUTCOMES OF ACTIVITIES: Reduction in the occurrence of SCD in Osun state. To encourage people to know their genotypes.  
LESSONS LEARNT: A lot of respondents were ignorant about their genotypes. Few people knew about all the variations of genotype.  
CHALLENGES: A lot of respondents were not willing to give out their blood for religious reasons.  
RECOMMENDATIONS: Free genotype screening and sensitization should be carried out in remote areas. Religious bodies should sensitize their congregation against SCD.

REPORT PREPARED BY: Jerry Oloke DATE & SIGNATURE

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**HERITAGE LIFE SUPPORT INITIATIVE PROGRAMMATIC ACTIVITIES FOR THE MONTH** **OF OCTOBER, 2022.**

PROJECT NAME: WORLD SIGHT DAY, WORLD TEACHERS DAY & WORLD MENTAL HEALTH DAY.

SDG 3: GOOD HEALTH & WELLBEING, SDG 4: QUALITY EDUCATION.  
**SECTION A**  
ACTIVITY OBJECTIVES:

1. To sensitize people about how to maintain a good mental health.
2. To screen and help people diagnose eye defects.
3. To celebrate and appreciate school teachers for their efforts.

DATE IMPLEMENTED: October, 2022.  
ACTIVITIES:

1. Sensitization on sight and mental health.
2. E-celebration of teachers. Free eye screening services.
3. Referring people with eye defects to an NGO working on eyes (KAI4SR).

LOCATION OF ACTIVITY: Communities, schools, church & online (Teachers celebration).  
STRATEGY: Effective Communication Skills. Eye examination.  
BENEFICIARIES: Church, schools, communities, media (studio). Sight (112), teachers (50), mental health(25).  
**SECTION B**  
EXPECTED OUTCOMES OF ACTIVITIES:

1. To reduce eye defects and blindness in the society.
2. To have people with stable mental health.
3. To encourage people to go for regular eye checks.
4. To encourage teachers to take their duties more seriously.
5. To get recommended glasses to correct eye defects in people.

LESSONS LEARNT:

1. A lot of people are with eye defects without going for treatment.
2. A lot of people are battling with mental issues silently.
3. A lot of school teachers are not happy with the remuneration system in the educational sector in Nigeria.

CHALLENGES:

1. Insufficient resources to make a more robust screening exercise and to take correction measures.
2. Insufficient counsellors on ground.
3. Insufficient funds to celebrate more teachers and have an onsite celebration.

RECOMMENDATIONS:

1. Free medical checks should be offered to remote areas by the government and relevant stakeholders.
2. The government should find means to increase the standard of living of Nigerians. People should be encouraged to speak out when facing real life issues.
3. Parents should learn to celebrate school teachers by appreciating their efforts.

REPORT PREPARED BY: Jerry Oloke DATE & SIGNATURE

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**HERITAGE LIFE SUPPORT INITIATIVE PROGRAMMATIC ACTIVITIES FOR THE MONTH** **OF NOVEMBER, 2022.**

PROJECT NAME: HELSI’S GENDER-BASED AWARENESS MONTH.

SDG5: GENDER EQUALITY.  
**SECTION A**  
ACTIVITY OBJECTIVES:  
1. To sensitize people against Gender Based Violence, Domestic Violence and Female Genital Mutilation.

2. To commemorate HELSI’s gender-based awareness month.

3. To sensitize people on child marriage and forced marriage.

DATE IMPLEMENTED: November, 2022LOCATION OF ACTIVITY: Laro Grammar School and HELSI Half Hour at Orisun Ayo RadioTV  
STRATEGY: Effective Communication Skills, Catch Them Young, Participants Learners Approach.  
BENEFICIARIES: School students, teachers, PLWD, women, teenagers, CSOs, and the media audience.   
**SECTION B**  
EXPECTED OUTCOMES OF ACTIVITIES:

1. Reduced rate of GBV and other related cases in the society.

2. To have a society where Gender equality is prioritized.

3. Reduction of FGM cases in the society.

4. Reduction of the stigmatization of people living with disabilities.   
LESSONS LEARNT:

1. Most of the people confessed to have suffered at least one case of GBV.

2. Most of the people were not aware of the dangers of FGM.

3. A lot of people were not aware of the legislations concerning GBV and FGM.  
CHALLENGES:

1. Insufficient IEC materials.

2. Insufficient trained personnel.

3. Lack of financial and material resources.  
RECOMMENDATIONS:

1. Prosecution of the offenders of GBV and FGM should be carried out promptly.

2. The government and relevant stakeholders should support similar initiative at grassroots.

REPORT PREPARED BY: Jerry Oloke DATE & SIGNATURE

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**HERITAGE LIFE SUPPORT INITIATIVE PROGRAMMATIC ACTIVITIES FOR THE MONTH** **OF DECEMBER, 2022.**

PROJECT NAME: SENSITIZATION AND FREE SCREENING OF HIV/AIDS FOR PEOPLE LIVING WITH DISABILITIES (PLWD).

SDG 3: GOOD HEALTH AND WELLBEING.

**SECTION A**  
ACTIVITY OBJECTIVES:

1. To sensitize people against stigmatization of people living with HIV/AIDS.
2. To discourage people from engaging in premarital or extramarital affair.
3. To encourage people to know their health status.

DATE IMPLEMENTED: December, 2022.

ACTIVITIES:

1. Sensitization on HIV/AIDS, letting people know that it is not the end so that people living with HIV/AIDS can also be treated with love.
2. Free screening for people in the society to know their status.
3. Media engagement at OrisunAyo Radio TV, HELSI Half Hour.
4. Donation of food items/clothing to PLWD.

LOCATION OF ACTIVITY:

1. PLWD Secretariat, Ayetoro, Osogbo.
2. HELSI Half Hour, OrisunAyo Radio TV.
3. Ifelodun Street.

STRATEGY:

1. Effective communication skills.
2. Catch them young.
3. Participant learner’s approach.

BENEFICIARIES: PLWD, the media audience, girls, teenagers, youths, women, men & boys.

**SECTION B**  
EXPECTED OUTCOMES OF ACTIVITIES:

1. To have a reduced rate of HIV/AIDS cases in society.
2. To reduce the stigma of people living with HIV.
3. To increase the rate people are eager to know their health status.

LESSONS LEARNT:

1. People are scared of knowing their status.
2. Some people are scared letting their blood be drawn.
3. Some are so confident that they can’t have HIV/AIDS.

CHALLENGES:

1. Insufficient health personnel.
2. Lack of financial or material resources.
3. People’s reluctances in cooperation with the initiatives.

RECOMMENDATIONS:

1. Government should partner with the initiative like this for eradicating or reducing the rate of HIV/AIDS.
2. People should be encouraged also by the media houses to know about their status.

REPORT PREPARED BY: Jerry Oloke DATE & SIGNATURE

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